

ABSTRACT OF THE DISCLOSURE

Dietary supplements include a complementary blend of fruits including at least noni and Luo Han Guo. Other fruits having a high ORAC value, such as blueberries and raspberries, are also preferably incorporated. The combination of the Luo Han Guo and noni masks the noni's flavors and odors while sweetening the dietary supplements. The Luo Han Guo can be simultaneously provided in both powder and liquid form so that the liquid form acts as the primary sweetener while the powder form acts as the primary masker. The dietary supplements also have an enhanced natural preservative effect, providing an extended shelf life without the use of artificial preservatives.

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